### Training & Talent Development – Featured "Live" Classes

### 2025 Year-at-a Glance Calendar

(Subject to Change)

#### To Register:

- ♦ Click Here or go to www.bryantx.gov/lms (Employees with City Email/Network Access)
- ♦ Click Here or go to www.bryantx.gov/lms-noemail (Employees without City Email/Network Access)
  - Username: Last Name + Employee ID (i.e. Smith1234)

• Initial Login Password: CityofBryan2025

JANUARY								
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#### January 15

### **WELLNESS WALKS (NOT** LIVE EVENT)

10:00-10:45 a.m. (Wellness) **David Garcia** 

#### January 17

# **DEFENSIVE DRIVING (ONE**

8:00 a.m.-4:00 p.m. (Safety) **Kenneth Smith & David Garcia**  January 21 **WELLNESS SERIES: SUGAR - THE BITTER TRUTH** 8:30-10:00 a.m. (Wellness)

**Greg Propst & Monica** 

#### January 23

### **CITY OF BRYAN ETHICS** / CONFLICTS OF

**INTEREST** 12:00-1:00 p.m. (Employment Law & Policies) Jonathan Koury & Monica Cooke

#### January 31

# **CPR & FIRST AID (FIRST**

8:00 a.m.-5:00 p.m. (Safety) **Kenneth Smith** 

### February 6

### "PERSPECTIVE THROUGH **EMPATHY" SERIES** (SESSION 1)

law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

#### February 7

### LAUGHTER CHAIR YOGA

CLASS) 11:00 a.m.-12:00 p.m. (Wellness) **David Garcia** 

#### February 12

### **CPR & FIRST AID**

(RENEWAL) 1:00 -4:45 p.m. (Safety)

**Kenneth Smith** 

### February 13

### **CPR & FIRST AID (FIRST**

8:00 a.m.-5:00p.m. (Safety)

**Kenneth Smith** 

### "PERSPECTIVE THROUGH **EMPATHY" SERIES** (SESSION 2)

10:00-10:15 a.m. (Employment law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

#### February 18

### CITY OF BRYAN ETHICS / **CONFLICTS OF INTEREST**

7:00-8:00 a.m. (Employment Law & Policies)

Jonathan Koury & Monica Cooke

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### **WEBINAR**

#### (Not Live Event Credit)

**KNOW YOUR HSA** 

2:00-2:45 p.m. (Informational) Maria Quiroga & David Garcia

#### February 20

### **DEFENSIVE DRIVING (ONE**

8:00 a.m-4:00 p.m. (Safety) **Kenneth Smith & David Garcia** 

### "PERSPECTIVE THROUGH **EMPATHY" SERIES** (SESSION 3)

10:00-10:15 a.m. (Employment law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

### February 26

### **WELLNESS WALKS (NOT** LIVE EVENT)

10:00-10:45 a.m. (Wellness) **David Garcia** 

#### February 27

### "PERSPECTIVE THROUGH **EMPATHY" SERIES** (SESSION 4)

10:00-10:15 a.m. (Employment law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

### 10:00-10:15 a.m. (Employment

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#### March 6

### DEFENSIVE DRIVING (HALF DAY)

8:00-11:30 a.m. (Safety)
Kenneth Smith

### "PERSPECTIVE THROUGH EMPATHY" SERIES (SESSION 5)

10:00-10:15 a.m. (Employment law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

#### March 7

### DEFENSIVE DRIVING (HALF DAY)

8:00-11:30 a.m. (Safety)
Kenneth Smith

#### March 12

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

#### March 13

### CPR & FIRST AID (FIRST

**TIME)** 8:00 a.m.-5:00p.m.

(Safety)

**Kenneth Smith** 

### "PERSPECTIVE THROUGH EMPATHY" SERIES (SESSION 6)

10:00-10:15 a.m. (Employment law & Policies)

Teresa McGinnis, Micha Kessler & Monica Cooke

#### March 18

# WELLNESS SERIES: PROTEIN & FAT- THE LEGO BRICKS OF HEALTH (LUNCH 'N LEARN)

11:30 a.m.-1:00 p.m. (Wellness)
Greg Propst & Monica Cooke

#### March 21

# COLOGUARD SCREENING & NUTRITION COAHCING TALK

12:00-1:00 p.m. (Wellness)

David Garcia

#### March 26

# WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

### March 28

# COFFEE CHAT: GETTING TO KNOW YOUR HEALTH PLAN (NOT LIVE EVENT)

(Not Live Event Credit)

10:00-10:45 p.m. (Informational)
Maria Quiroga & David Garcia

#### April 9

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

#### April 10

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

#### April 15

### THE CUSTOMER SERVICE BOTTOM LINE

8:30 -10:30 a.m. (Communication)
Monica Cooke & Mike Gibson

### KEEPING EMPLOYEES ON TRACK

11:00 a.m.-1:00 p.m. (Leadership)
Monica Cooke & Mike Gibson

#### April 23

### WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

#### April 24

### DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

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May 8

## MAKE DIFFICULT PEOPLE DISAPPEAR

8:30-10:00 a.m. (Communication & Job Specific)

Monica Wofford & Monica Cooke

### CONTAGIOUS COLLABORATION

10:30-11:30 a.m. (Communication)
Monica Wofford & Monica Cooke

TEAM TRAINING: HOW TO BUILD, DEVELOP, AND MAINTAIN A STRONG TEAM (SUPERVISORS/MANAGERS

ONLY)
1:00-4:00 p.m. (Leadership & Job Specific)

Monica Wofford & Monica Cooke

May 9

### DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

May 14

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

May 15

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)

Kenneth Smith May 20

WELLNESS SERIES: YOGA & MEDITATION-

STRENGTHENING MIND, BODY, AND BREATH

8:30-9:30 a.m. (Wellness) **Greg Propst & Monica Cooke** 

May 21

# WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

July 16

### WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

## CPR & FIRST AID (RENEWAL)

1:00-4:45 p.m. (Safety) Kenneth Smith

July 17

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

### WELLNESS SERIES: CARBS, FRUITS & VEGGIES- FUELING YOUR BODY RIGHT (LUNCH 'N LEARN)

11:30 a.m.-1:00 p.m. (Wellness)
Greg Propst & Monica Cooke

July 24

### DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

	JUNE								
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June 18

## WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

### CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith June 19

### CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

June 26

### DEFENSIVE DRIVING (ONE

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

August 13

### CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

August 14

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

August 21

# DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

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August 27

### **WELLNESS WALKS**

10:00-10:45 a.m. (Wellness)

David Garcia

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September 2

# BUILDING ETHICAL MINDSETS: WHAT SHOULD WE DO?

8:30-10:30 a.m. (Employment law & Policies)

Monica Cooke & Mike Gibson

September 10

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

September 11

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

September 16

### WELLNESS SERIES: NUTRITION ROUND-UP & HYDRATION- ESSENTIALS FOR MODERN WELLNESS

8:30-10:00 a.m. (Wellness)

Greg Propst & Monica Cooke

September 18

### DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

September 24

# WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

November 5

## CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

November 6

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

November 18

# DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

WELLNESS SERIES: EXERCISE- YOUR COMPREHENSIVE GUIDE

8:30-10:00 a.m. (Wellness)

Greg Propst & Monica Cooke

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November 19

### WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

OCTOBER								
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October 8

### WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia

October 15

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety) Kenneth Smith

October 16

### CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

October 21

### WELLNESS SERIES: OFFICE & VEHICLE ERGONOMICS-OPTIMIZING COMFORT & HEALTH (LUNCH 'N LEARN)

12:00-1:00 p.m. (Wellness)

Greg Propst & Monica Cooke

October 23

# DEFENSIVE DRIVING (ONE DAY)

8:00 a.m-4:00 p.m. (Safety)
Kenneth Smith & David Garcia

December 5

### **DEFENSIVE DRIVING (ONE DAY)**

8:00 a.m-4:00 p.m. (Safety) Kenneth Smith

December 10

# CPR & FIRST AID (RENEWAL)

1:00 -4:45 p.m. (Safety)
Kenneth Smith

December 11

# CPR & FIRST AID (FIRST TIME)

8:00 a.m.-5:00 p.m. (Safety)
Kenneth Smith

December 16

WELLNESS SERIES: SLEEP-THE FOUNDATION OF HEALTH AND WELL-BEING (LUNCH 'N LEARN)

11:30 a.m-1:00 p.m. (Wellness)
Greg Propst & Monica Cooke

DECEMBER								
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December 17

### WELLNESS WALKS (NOT LIVE EVENT)

10:00-10:45 a.m. (Wellness)

David Garcia